

Can I Tell You About Self Harm

A Little Life

form of self-harm, but accidentally inflicts third-degree burns that require a skin graft. The wound is so severe that Andy tells him he has to tell Willem

A Little Life is a 2015 novel by American writer Hanya Yanagihara. Lengthy and tackling difficult subject matter, it garnered critical acclaim, was shortlisted for the 2015 Man Booker Prize and the National Book Awards, and became a best seller.

Set primarily in New York City, the story chronicles the lives of four friends as they grapple with substance abuse, sexual assault and depression.

Lucas Hay

arrested at Pride: "You disgust me!" Metro. Retrieved 10 May 2024. Patterson, Stephen (28 February 2024). "Hollyoaks confirms self-harm ordeal for gay teen

Lucas Hay is a fictional character from the British soap opera Hollyoaks, played by Oscar Curtis. Lucas is the son of Ste Hay (Kieron Richardson) and Amy Barnes (Ashley Slanina-Davies), and the half-brother of Leah Barnes (Elá-May Demircan) and Hannah Hay-O'Connor (Maddison Allen). He was born on-screen in episode 2530, originally broadcast on 3 April 2009. The character was of recurring status from 2009 to 2023, being portrayed by three different child actors, but the role was promoted to regular when the recast of Oscar Curtis was announced. Since the characters' recast, series producers Hannah Cheers and Angelo Abela placed Lucas at the forefront of a conversion therapy issue-based storyline that saw Lucas subsequently struggling to come to terms with his sexuality whilst being incorrectly influenced by his headteacher Carter Shepherd (David Ames) to hate homosexuality.

Lucas was previously portrayed by three different child actors, Jude Rawley from 2009 to 2012, Rueben Thwaites from 2012 to 2013 and William Hall from 2013 to 2022. Lucas' storylines in the serial include being in various custody battles between Amy and Ste, along with Leah; coming to terms with his mother's death; spiralling out of control whilst battling his sexuality after falling in love with his best friend Dillon Ray (Nathaniel Dass), being coerced into conversion therapy by his headteacher Carter and his friendship with Frankie Osborne (Isabelle Smith). Curtis' resemblance to Richardson, who portrays his on-screen father Ste and his own similar portrayal of Lucas have been noted by fans and various tabloids, whilst the pairing of Lucas and Dillon by writers has been dubbed "HayRay" by fans.

Lily Drinkwell

other factors cause Lily to begin self-harming, a storyline which was used to raise awareness and create conversation about the issue. Hollyoaks worked with

Lily Drinkwell (also McQueen) is a fictional character from the British soap opera Hollyoaks, played by Lauren McQueen. She made her first appearance on 6 January 2017. McQueen had previously appeared in the soap opera as an extra and was happy to be cast as Lily, who was characterised as being feisty, studious and close to her family. Lily was introduced as the niece of established character Diane Hutchinson (Alex Fletcher), and Lily's initial storyline saw her moving in with Diane and her family following the death of Lily's mother. Lily also becomes a love interest of established character Prince McQueen (Malique Thompson-Dwyer). Lily was then central to a dramatic stunt when she and other characters are involved in a car crash, which leaves Lily with scarring and deeply affects Lily's confidence. This and other factors cause

Lily to begin self-harming, a storyline which was used to raise awareness and create conversation about the issue. Hollyoaks worked with four charities - The Mix, Mind, NSPCC and Samaritans - during the storyline. Lily continues hurting herself for months, and the character was central to a special episode focusing on several characters' attitudes towards self-harm. Following the episode, the storyline takes a darker turn when Lily begins self-harming with her friends Peri Lomax (Ruby O'Donnell) and Yasmine Maalik (Haiesha Mistry). Hollyoaks executive producer Bryan Kirkwood decided to explore the issue of group self-harm when he discovered that it was on the rise but not being talked about.

The girls' self-harm is found out and after briefly being hospitalised with sepsis, Lily receives help for her mental health. Lily and Prince's relationship is challenged when Prince has sex with Peri and is believed to have impregnated her, but it is later revealed that Peri is not pregnant and Lily forgives him. Lily and Prince end up getting married, but the marriage is almost sabotaged members of their families due to their opposition to the teenagers marrying. Shortly after their wedding, the couple face several issues, including a pregnancy scare and arguments over their future. Their relationship is further complicated by the arrival of Romeo Quinn (Owen Warner), who pursues Lily romantically. Lily initially is not interested but she gives into her feelings after almost dying in a storm and cheats on Prince with Romeo. McQueen explained that Lily has a connection with Romeo and keeps being attracted to him despite knowing that it is wrong to cheat on her husband. Romeo then hides Prince's testicular cancer diagnosis from Lily and she almost leaves with him; however, Prince ends up leaving the village instead, which was done due to Thompson-Dwyer's break from the soap to star in *I'm a Celebrity...Get Me Out of Here!*. In his absence, Lily ends up relapsing in her self-harm and begins a relationship with Romeo. Upon Prince's return, she is stuck in a love triangle and decides to pick Romeo.

In March 2019, it was announced that McQueen would be departing the soap in order to pursue other acting opportunities and that Lily would be killed off. In the storyline, Lily's mental health worsens and she relapses in her self-harm, which leads to her dying from sepsis. Hollyoaks chose to have Lily die from self-harm as they had portrayed several other mental health storylines that had had happy endings on the soap and they felt that they needed to show that it was not always the case. McQueen's final episode as Lily aired on 11 April 2019, which featured flashbacks of Lily's childhood and her death. Just prior to her death, Lily had run away with Romeo but ultimately realised that she saw her future with Prince. McQueen was in tears when she read her final episodes but she hoped that the storyline would increase awareness of sepsis to viewers and encourage viewers to talk about their feelings. Lily was very well received by critics and viewers. Lily's mental health and self-harm storyline was praised by viewers, charities and critics, although some viewers criticised the group self-harm plot. Lily's relationship with Prince was also well received and the pair were referred to by the portmanteau "Prily". Lily's death was also praised by critics. McQueen won and been nominated for several awards for her portrayal of Lily, as has her pairing with Prince and the 2017 self-harm episode.

Stalking Laura

Stalking Laura, also known as *I Can Make You Love Me*, is an American 1993 made-for-television psychological thriller film starring Richard Thomas and Brooke

Stalking Laura, also known as *I Can Make You Love Me*, is an American 1993 made-for-television psychological thriller film starring Richard Thomas and Brooke Shields. It is based on the true story of American mass murderer Richard Farley, a former employee of ESL Inc. whose romantic obsession and stalking of co-worker Laura Black led to Farley's murder of numerous colleagues at ESL's headquarters in California. The case drew national attention, ultimately resulting in the enactment of the first anti-stalking laws in the United States.

Suicide of Amanda Todd

a 9-minute YouTube video titled My story: Struggling, bullying, suicide, self-harm, which showed her using a series of flashcards to tell of her experiences

Amanda Michelle Todd (November 27, 1996 – October 10, 2012) was a 15-year-old Canadian student and victim of cyberbullying who died by suicide in her home in Port Coquitlam, British Columbia. A month before her death, Todd posted a video on YouTube in which she used a series of flashcards to tell her experience of being blackmailed into exposing her breasts via webcam on the livestreaming and online chat service Blogger, and of being bullied and physically assaulted. The video went viral after her death, resulting in international media attention. The original video – uploaded on September 7, 2012 – had 15.5 million views as of July 4, 2025, although mirrored copies of the video had received tens of millions of additional views shortly after her death; additionally, a YouTube video by React has a video of teens reacting to Todd's video that has garnered 44.9 million views as of July 4, 2025, and various videos from news agencies around the world regarding the case have registered countless millions more. The Royal Canadian Mounted Police and British Columbia Coroners Service launched investigations into the suicide.

In response to her death, then-Premier of British Columbia Christy Clark made an online statement of condolence and suggested a national discussion on criminalizing cyberbullying. A motion was also introduced in the Canadian House of Commons to propose a study of the scope of bullying in Canada and for more funding and support for anti-bullying organizations. Todd's mother, Carol, established the Amanda Todd Trust, receiving donations to support anti-bullying awareness education and programs for young people with mental health problems.

A Dutch-Turkish man, Aydin Coban, who was already imprisoned for sexual blackmail in the Netherlands, was extradited to Canada to face trial on charges of harassing and sexually extorting Todd before her suicide. On August 5, 2022, the jury found Coban guilty on all counts, and he was sentenced to 13 years in prison on October 14, 2022. On December 21, 2023, a Dutch judge reduced his sentence to six years in prison.

Aaron Dingle

get rid of any evidence. Aaron begins self-harming to cope with his guilt. Aaron tells Chrissie the truth about his affair with Robert. Robert is shot

Aaron Dingle (also Livesy and Sugden-Dingle) is a fictional character from the British soap opera *Emmerdale*, played by Danny Miller. The character was originally played by Danny Webb and appeared in a recurring capacity. Aaron made his first appearance during the episode broadcast on 24 December 2003. When Aaron was reintroduced in 2008, he was promoted to the full-time cast and the decision was made to recast the role. Miller successfully auditioned for the part and later admitted that he would have quit acting if he had not been cast.

Aaron is the son of Chas Dingle (Lucy Pargeter) and Gordon Livesy (Gerard Fletcher/Gary Mavers). His storylines have included being involved with the criminal McFarlane family, making a romantic advance towards his best friend Adam Barton (Adam Thomas) which resulted in attempted suicide, coming to terms with his homosexuality, his relationship with Jackson Walsh (Marc Silcock), and dealing with Jackson's suicide. Miller chose to leave the show in November 2011 and he made his final appearance on 5 April 2012. Aaron's exit storyline saw him accused of arson and so he left the village with his new partner Ed Roberts (Lloyd Everitt).

Two years later, Miller reprised the role and Aaron returned on 14 August 2014, as part of a heist storyline involving Donna Windsor (Verity Rushworth) and Ross Barton (Michael Parr). The character's most notable storylines since his return have been his affair and subsequent relationship with Robert Sugden (Ryan Hawley), his role in Katie Sugden's (Sammy Winward) death, self-harming, revealing that he was sexually abused by his father Gordon when he was a child which made him attempt suicide once more, reuniting with his estranged half-sister Liv Flaherty (Isobel Steele) and becoming her guardian, being sent to prison for

grievous bodily harm, and breaking up and reuniting with Robert, playing a part in raising his son, and marrying him. In November 2021, it was announced that Miller would be competing in the ITV series *I'm a Celebrity...Get Me Out of Here!* and that he would be leaving *Emmerdale* once again and Aaron departed on 6 December 2021. However, the following year, Miller returned to the role of Aaron for a guest stint on 3 October 2022 to celebrate *Emmerdale*'s 50th anniversary with Aaron departing once again on 31 October 2022. Miller made an unannounced return on 9 October 2023, revealed to be his uncles Cain and Caleb Miligan (William Ash)'s hostage at Wylies Farm.

Self-concept

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In the psychology of self, one's self-concept (also called self-construction, self-identity, self-perspective or self-structure) is a collection of beliefs about oneself. Generally, self-concept embodies the answer to the question "Who am I?".

The self-concept is distinguishable from self-awareness, which is the extent to which self-knowledge is defined, consistent, and currently applicable to one's attitudes and dispositions. Self-concept also differs from self-esteem: self-concept is a cognitive or descriptive component of one's self (e.g. "I am a fast runner"), while self-esteem is evaluative and opinionated (e.g. "I feel good about being a fast runner").

Self-concept is made up of one's self-schemas, and interacts with self-esteem, self-knowledge, and the social self to form the self as a whole. It includes the past, present, and future selves, where future selves (or possible selves) represent individuals' ideas of what they might become, what they would like to become, or what they are afraid of becoming. Possible selves may function as incentives for certain behaviour.

The perception people have about their past or future selves relates to their perception of their current selves. The temporal self-appraisal theory argues that people have a tendency to maintain a positive self-evaluation by distancing themselves from their negative self and paying more attention to their positive one. In addition, people have a tendency to perceive the past self less favourably (e.g. "I'm better than I used to be") and the future self more positively (e.g. "I will be better than I am now").

Gemma Collins

what I was doing I just knew it was wrong and something I didn't want to talk about. — Collins on her first experience with self-harm in her documentary

Gemma Clair Collins (born 31 January 1981) is an English media personality and businesswoman. She came to prominence for her appearances on the ITVBe reality series *The Only Way Is Essex* (2011–2019). Collins went on to appear on various reality television shows, including *I'm a Celebrity...Get Me Out of Here!* (2014), *Celebrity Big Brother* (2016), *Celebs Go Dating* (2018), and *Dancing on Ice* (2019). In 2018, she began starring in her own reality franchise, *Gemma Collins: Diva*, and the following year, she began hosting a podcast on BBC Sounds.

Self-defence in English law

self-defense is justified when an individual genuinely believes that they are in imminent danger of being harmed or assaulted. Reference

Legal Self - Self-defence is a defence permitting reasonable force to be used to defend one's self or another. This defence arises from both common law and the Criminal Law Act 1967. Self-defence is a justification defence rather than excuse.

Family Portraits: A Trilogy of America

tormented him and his mother. Gary dealt with his childhood trauma through self-harm, flagellating himself with a belt. As an adult, Gary becomes a devout

Family Portraits: A Trilogy of America is a 2003 American anthology horror film written and directed by Douglas Buck. It comprises three short films, the first being Buck's student film Cutting Moments, along with two subsequent shorts, Home and Prologue. Buck referred to the film as a "Suburban Holocaust" trilogy.

The segments of Family Portraits: A Trilogy of America were shot over the course of several years: Cutting Room was completed in 1996, Home was completed in 1997, and Prologue was completed in 2002. The three short films were compiled by Buck in 2003, with the anthology premiering at the Oldenburg International Film Festival in September of that year. The film received a limited theatrical release, screening at independent theaters in Montreal and New York City in late 2004 before being released on DVD in February 2006. Severin Films issued a Blu-ray edition in January 2021.

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